

## FundWell

### A Swift Summary of Wellbeing Stuff for Funders

Reflecting on a year filled with growth and connection, we are excited to share some key initiatives that have shaped our journey in 2025. We want to express our gratitude to everyone who has joined us this year. We look forward to continuing our partnership in 2026 to help influence philanthropy to prioritize and invest in changemaker wellbeing.



Photo Description: GHS participant at the Solstice Ritual in Ljubljana

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#### 1. Philanthropy Track at the Global Hearth Summit

We introduced the [Philanthropy Track](#) at the Global Hearth Summit to create a valuable opportunity for funders to engage with the concept of wellbeing, which is crucial for enhancing investments in changemaker wellbeing. The exclusive funder-only sessions were instrumental in showcasing effective wellbeing practices and facilitating meaningful discussions about the emotional aspects of giving. Around 90 funders from more than 40 foundations engaged deeply, and several signaled new commitments and shifts in mindset. Our biggest lesson is that experiential, funder-only spaces are effective, so we will continue them in the Regional Hearth Summits 2026 and co-develop an expanded Philanthropy Track for GHS 2028.

#### 2. Influencing Philanthropy Through Peer Learning + Visibility

We launched our first Wellbeing Showcase with the [Funders + Wellbeing Learning Group](#) to meet funders' need for practical examples, peer learning, and more explicit norms for integrating wellbeing into philanthropy. We achieved this by elevating member-led stories and sharing transparent cases, complemented by funder-authored blogs from [the Laudes Foundation](#) and the [Hewlett Foundation](#) that demonstrated how wellbeing investments strengthen organizations. The Showcase attracted 132 registered funders, sparking excitement about joining the FWLG, and enabled our blogs to reach thousands, highlighting a growing readiness in the field for enhanced funder visibility and a shared commitment to wellbeing as a key aspect of philanthropy.

#### 3. Enabling Grantee Wellbeing Through Regional Hearth Summits

The Hearth Summits brought together multiple funders to enhance support for grantee wellbeing. Our [Regional Hearth Summits](#) provided immersive, community-driven experiences that uplifted leaders and their ecosystems. Through collaborations with foundations, we sponsored grantees and facilitated philanthropy tracks for effective peer-to-peer learning. The results were inspiring: over 100 changemakers, many of whom were first-time attendees, gained valuable community, healing, and knowledge. A key takeaway was the strong interest in creating deeper engagement opportunities for funders in 2026.

As we conclude another year, we would like to express our heartfelt gratitude for your invaluable contributions to our organization. We hope you find moments of peace and rest this holiday season as you reflect on the past year and recharge for what lies ahead. Wishing you a warm and meaningful holiday, and we look forward to embracing the opportunities of the new year together.

### Words on Wellbeing

“We must always change, renew, rejuvenate ourselves, otherwise we harden.” — Johann Wolfgang von Goethe

“Wisdom is knowing when to have rest, when to have activity, and how much of each to have.” — Sri Sri Ravi Shankar

“There’s room for all of you, and for everything you experience—the grim and the glorious, the wounded, wounding, healing and healed.” — Hiro Boga

“We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year’s Day.”  
— Edith Lovejoy Pierce

Looking to go deeper? Explore our [Philanthropy x Wellbeing Hub](#).

How does your funding organisation define wellbeing? Does it support wellbeing for its stakeholders? [Reflect and share here, in the Funders + Wellbeing Survey](#).

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