

FundWell

A Swift Summary of Wellbeing Stuff for Funders

Dear FundWell community,

Welcome to the May edition of our newsletter! We're a bit late, but with good reason. It's not every day that one of the most influential philanthropists in the world talks about your nonprofit publicly, offering major visibility for your important mission! Read on to see who I'm talking about!

At The Wellbeing Project, we're dedicated to transforming the culture of the social change sector to prioritize inner wellbeing, belonging, and healing. Our vision is bold: a social change sector where burnout, trauma and self-sacrifice are no longer normalized or worse, celebrated.

To realize this vision, we've been working hard to encourage philanthropy to invest in changemaker wellbeing. There is a significant funding gap in this area despite [research](#) confirming that increased changemaker wellbeing leads to more creative, collaborative, and impactful social and environmental outcomes.

Today we're thrilled to announce that TWO incredibly influential women in philanthropy have joined us for a conversation on this topic: our Advisory Council Chair **Rohini Nilekani** and **Melinda French Gates**.

Check out the [first clip of the conversation here!](#)

This is part of a new initiative, Cultivating Hope: Supporting Changemaker Wellbeing, a series of conversations exploring how the pressing funding gap for changemakers to have access to wellbeing resources is holding back progress both now and for future generations.



[Stay tuned for the full Cultivating Hope conversation with Melinda and other philanthropists here.](#)

Dana and The FWG team

FundWell Essentials

- Check out our brand new and shiny [Philanthropy X Wellbeing Resource Hub!](#) A growing collection of practical tools and information for funders that want to invest in changemaker wellbeing.
- [The +1 Action campaign](#) - Actions that the philanthropic community can take to support Changemaker Wellbeing

Talking Points: start a conversation!

- “Among the narratives that govern philanthropy, the most paradoxical is that a sector with so much abundance chooses to operate with a scarcity mindset. How do you counter this narrative in how you do your work?” - Mandy Van Deven, [How philanthropy can fund the infrastructure for narrative power](#)

Words on Wellbeing

“There is no distinction between the one who gives, the one who receives, and the gift itself.” – Thich Nhat Hanh

How does your funding organisation define wellbeing? Does it support wellbeing for its stakeholders? [Reflect and share here, in the Funders + Wellbeing Survey.](#)

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