

FundWell

A Swift Summary of Wellbeing Stuff for Funders

Dear FundWell Community,

Happy 2024!

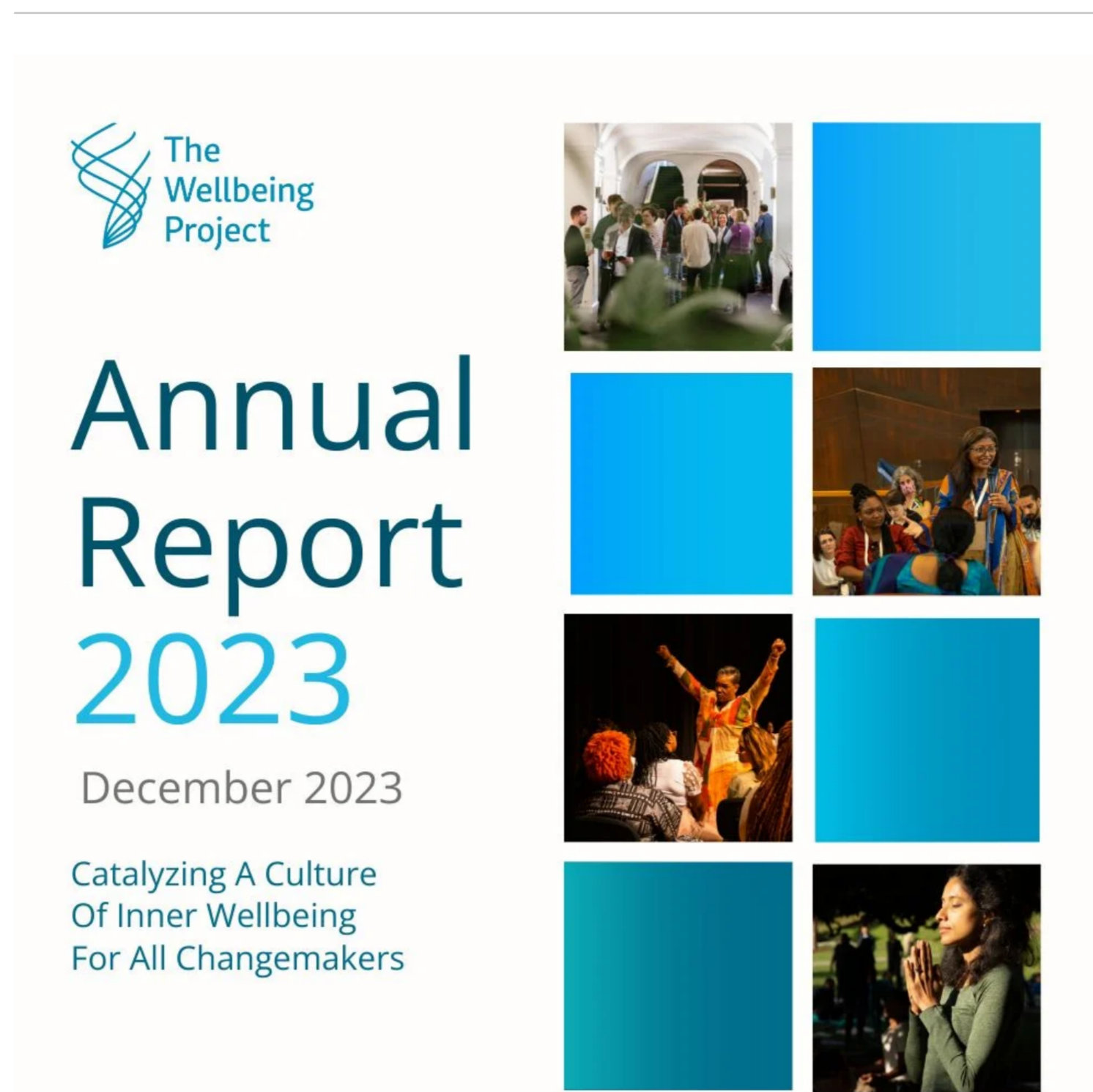
We're rolling out this breezier edition of our newsletter, recognizing that, much like us, you're likely navigating the post-holiday return to work. So, why not kick off your year on an uplifting note? Today, we're thrilled to share some positivity by highlighting the significant ripple effects set in motion by The Wellbeing Project within our remarkable network worldwide. We hope these concrete steps forward towards greater individual, societal and planetary wellbeing serve as an inspiration to changemakers like you.

The Wellbeing Project's work is guided by the core belief that the impact of any social or environmental change movement depends inherently on the wellbeing of the individuals and organisations within those movements. At a time of extraordinary change, The Wellbeing Project inspires those individuals and organisations to offer bold solutions to meet cascading, interconnected crises.

We invite you to peruse our [2023 annual infographic](#) report to witness how, collectively, we are translating hope and optimism into tangible action.

Thank you for being part of The Wellbeing Project's journey.

Our warmest wishes,
The Funders + Wellbeing Group Team



Grounded in enduring hope, The Wellbeing Project is catalysing a global movement that centres wellbeing at the heart of social impact.

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In 2023 our exploration of [inner wellbeing](#) focused on more structural frameworks, addressing issues such as [intergenerational trauma](#) and [ecological belonging](#).

The evidence of our impact is clear in the ripple effects observed throughout our network. Our network members' initiatives are creating a cascade of positive change, [reaching millions of changemakers worldwide](#).

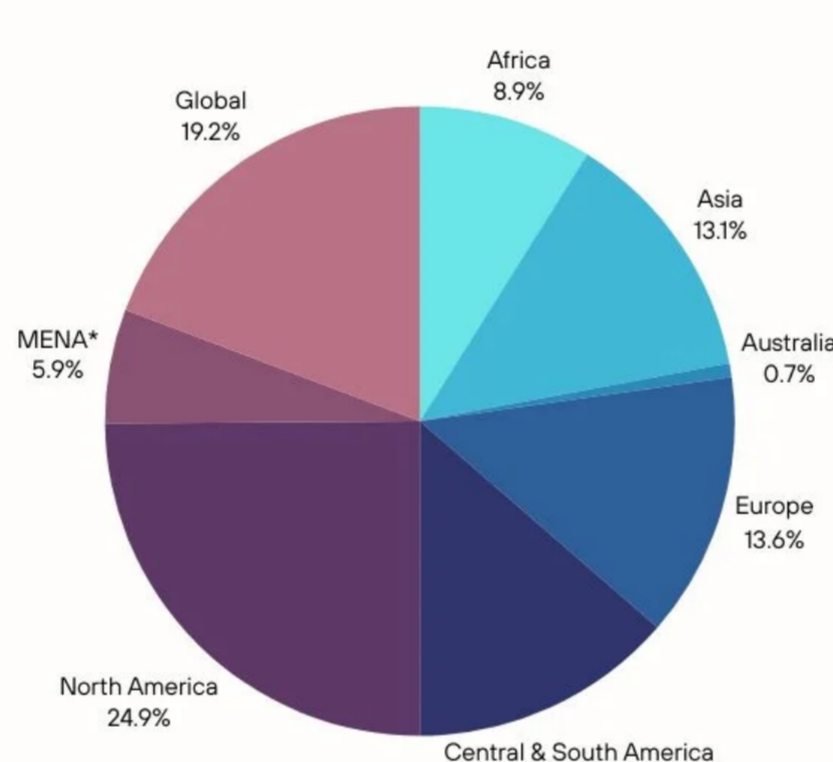
A Global & Growing Network



A Total Of **39** Team Members In **14** Countries
Brazil, Canada, Colombia, El Salvador, France, India, Mexico, Portugal, South Africa, Spain, Turkey, US, Venezuela



429 Network Members



* Middle East & Northern Africa



Our Collective Impact

Our impact is created with a growing coalition of over 400 leading global and regional organisations. As they implement wellbeing initiatives, the positive impact ripples across the sector, society and the planet.

5 Regional Wellbeing Summits

- THE WELLBEING SUMMIT — OMEGA INSTITUTE HARLEM WELLNESS CENTER
- THE WELLBEING SUMMIT — BOGOTÁ
- THE WELLBEING SUMMIT — SÃO PAULO
- THE WELLBEING SUMMIT — BRUSSELS
- THE WELLBEING SUMMIT — DAKAR - THIES



2 Regional Wellbeing Initiatives



Our Theory Of Change



Our Theory Of Change

We work across these levels, recognizing their inherent interconnectedness. Our Global and Regional Wellbeing Summits for Social Change serve as platforms to advance this interconnection, delving into subjects like intergenerational, wellbeing economies, ecological belonging, and beyond.



How does your funding organisation define wellbeing? Does it support wellbeing for its stakeholders? [Reflect and share here, in the Funders + Wellbeing Survey.](#)

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