



FundWell

A Swift Summary of Wellbeing Stuff for Funders

Hello Changemakers,

Have you ever been told you were resilient after you got through something really difficult? Did it feel like a compliment or a brush off? Do you wish you were more resilient? Do you look for ways to shore up the resilience of people or orgs you interact with?

This month we look at the topic of resilience, providing you with a thought provoking trifecta of opinions on strengthening resilience, and a few questions to help you push yourselves and your team to consider your role in both the support of nonprofit resilience AND the often funder-created need for nonprofit resilience.

And on a separate note, if you're interested in finding out about the Funders+WB Group, our cohort of funders—who regularly come together to figure out what more they can do to support the wellbeing of those they fund (as well as their own teams)-were [featured in Devex](#) recently. Thanks to Stephanie Beasley for covering our work in a way that doesn't over simplify things. There isn't a list of 3 bullet points for every funder to adopt that will magically take care of the wellbeing of all our stakeholders!

Be well,

Jessamyn & the Funders+Wellbeing Group team



Credit: Lori Nordstrom/USFWS

Image description: A wall mural with a blue background in Barrio San Pedro, Angangueo, Michoacán de Ocampo, Mexico features a girl with a happy expression, with monarch wings, crouched on a hill. She is surrounded by monarch butterflies.

FundWell Essentials

- Shakiya Canty and Christi Clark reflect on the [Resilient Futures cohort](#) where movement leaders figured out how to implement resilience plans—including providing clarity on what their organisations can offer and what's outside their capacity.
- Dive into Roffey Park's [Resilience Capabilities Model](#) derived from their multi disciplinary literature review and interviews with 1000+ managers.
- [Vu Le frankly points out](#) that funders who want nonprofits to be resilient, should “give money. Lots of unrestricted money. Over many years. And just as importantly, stop contributing to the conditions that force nonprofits to have to be resilient in the first place.”

Talking Points: pick one and start a conversation!

- What does resilience in an organisational setting mean to you? How is your organisation's resilience connected to an individual's resilience and visa versa?
- How does your org support nonprofit resilience? How does it undermine the resilience of those you fund?
- What would it take to enable one of the orgs you fund to not need to rely so heavily on their resilience, for a month? For a year?

Words on Wellbeing

'We should always celebrate resilience... But for many marginalized people, including Black, Indigenous and racialized people... The focus on resilience and applauding people for being resilient makes it too easy for policy-makers to avoid looking for real solutions.' – [Vinita Srivastava's framing](#) for the podcast, 'Don't Call Me Resilient', which goes in search of solutions for those things no one should have to be resilient for.

How does your funding organisation define wellbeing? Does it support wellbeing for its stakeholders? [Reflect and share here, in the Funders + Wellbeing Survey.](#)

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